

# SKIN SENSE

Skin Sense—The Newsletter From The Practice of Dr. Alan Rosenbach

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FALL 2014



## Fall is the Best Time of Year for Laser Treatments

Summer is finally over and with it, those high UV indexes. Dermatologists around the country are celebrating shorter days and, of course, fewer sun tans. Because lasers see through the skin easier as the skin gets a little lighter, fall and winter are also the best times of year for many of Dr. Rosenbach's patients to schedule laser treatments. For all of you who have heard Dr. Rosenbach say, "You can't treat this easily in the summer; you might want to wait until the fall," now is the time to make those appointments.



The most popular items to treat this time of year are sunspots, unwanted facial vessels, and certain types of wrinkles that do not respond to Botox or fillers. Hair removal often requires fewer treatments in the fall and winter. Since spider veins can take several treatments and are often located in sun exposed areas of the legs, these are easier to treat now as well.

We hope you enjoy our favorite seasons and remember, even though the sun isn't as strong, it is important to continue wearing your sunscreen, avoiding mid-day exposure and keeping those hats handy!

## Dr. Rosenbach Named to Hollywood Reporter's Top Doctors List



We are honored that Dr. Rosenbach was featured in *Hollywood Reporter's* first-ever list of [Hollywood's Best Doctors](#). *The Hollywood Reporter* partnered with the physician-led research team of Castle Connolly to identify the highest-rated practitioners in their specialties. More than 800 professionals in the film, television, movie and media fields were surveyed to find out who they consider the most beloved, trusted and go-to physicians in L.A. We are grateful to the patients who recommended our practice, and we will continue to provide the highest level of care to each and every individual we treat.

## How the Sun Sees You

*How the Sun Sees You* is a short, three-minute video that shows real people what they look like when exposed to ultraviolet light both with and without sunscreen. It has been viewed by more than 13 million people on YouTube, and [we hope everyone in the practice takes a moment to watch.](#)



**To schedule any of the procedures mentioned in this issue of *Skin Sense*, please ask specifically for Sonya Reynoso, Dr. Rosenbach's Treatment Coordinator, at 310-556-5454.**



**ALAN ROSENBACH, M.D.** *Laser Surgery • Dermatology*

Dr. Alan Rosenbach is one of the leading dermatologists in Southern California and his practice offers a wide variety of cosmetic procedures to improve your skin—at any age. For more information about our practice, please visit [drrosenbach.com](http://drrosenbach.com)

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